## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Roemer Janet Skogan			2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
C/O TRE S, SUITE	CORA RI	(First) ESOURCES	(Middle) S, 1650 HWY 6		3. Date of Earliest Transaction (Month/Day/Year) 03/12/2020					-	Office	r (give title belo	ow)	Other (specify	below)		
(Street) SUGAR LAND, TX 77478			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City	)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially O							Owned					
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye		(Instr. 8)		etion	4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)		d of (I	D) I	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						ode V		Amoun	or	Pric	ce				(I) (Instr. 4)	(111311. 4)	
Common	stock		03/12/2020			]	P		10,28	1 A	\$ 4.78 (1)	8	10,281		D		
Reminder:	Report on a s	separate line fo	or each class of secur	Derivati	ive Securit	ies Ac	equire	Pers cont the f	ons whained if	no responding this for this for the splays and of, or Be	orm a a cur	are i	not requ tly valid		formation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2	3. Transactio			ts, calls, w		ts, op						la and	Q Duina of	9. Number	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security		Execution Da Year) any	any Code of (Month/Day/Year) (Instr. 8) Derivative Securities		A U S (1	7. Title and Amount of Underlying Scurrities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivativ Security: Direct (D or Indirect	chip of Indirect Beneficial Ownersh (Instr. 4)  D)					
				(	Code V	(A)			cisable	Expirati Date	ion T		Amount or Number of Shares				

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Roemer Janet Skogan C/O TRECORA RESOURCES 1650 HWY 6 S, SUITE 190 SUGAR LAND, TX 77478	X						

#### **Signatures**

/s/ Christopher Groves as attorney in fact for Janet S. Roemer	03/12/2020
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$4.71 to \$4.80, inclusive. The (1) reporting person undertakes to provide to Trecora Resources, any security holder of Trecora Resources, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in this footnote (1) to this Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.