## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person*  Carter Nicholas  (Last) (First) (Middle)  C/O TRECORA RESOURCES, 1650 HWY 6  S, SUITE 190  (Street)  SUGAR LAND, TX 77478			TRECORA RESOURCES [TREC]  3. Date of Earliest Transaction (Month/Day/Year) 01/21/2020						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner Officer (give title below) Other (specify below)				
		_											low)
		4. If A						6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					Owned						
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Ye	Execution any	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership Form:	Beneficial
		(Month/			V	Amount	(A) or (D)	Price	(Instr. 3 and 4)				Ownership Instr. 4)
Common stock	01/21/2020			S		5,000	11) 1	\$ 7.1471	528,590	)		D	
	Table	I - Derivati			the	form dis	splays a of, or Be	currer	ntly valid		spond unle rol numbe		
				arrante <i>(</i>			421-1						
1. Title of Derivative Security (Instr. 3)  2. Conversion Date or Exercise Price of Derivative Security	Day/Year) Execution any	ed 4. Date, if T	ransaction Code Instr. 8)	5.	6. I and (M	S, conver Date Exer I Expiration onth/Day/	on Date	7. Ti Amo Undo Secu	tle and ount of erlying rities r. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivativ Security: Direct (Dor Indirect)	Beneficia e Ownersh (Instr. 4)

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Carter Nicholas C/O TRECORA RESOURCES 1650 HWY 6 S, SUITE 190 SUGAR LAND, TX 77478	X					

# **Signatures**

/s/ Christopher Groves as attorney in fact for Nicholas Carter	01/23/2020	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.