UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

s)														
Name and Address of Reporting Person * Carter Nicholas				2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(First) ESOURCES	(Middle) , 1650 HWY 6		3. Date of Earliest Transaction (Month/Day/Year) 02/07/2020					Office	er (give title bel	ow)	Other (specify	pelow)		
(Street) SUGAR LAND, TX 77478				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
	Date	any			f Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Beneficial		
		(Mont	h/Day/Y	ear)	Code		/ Amoun	(A) or (D)	Price		(Instr. 3 and 4)		or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
	02/07/2020				S		2,966 (1)	D	\$ 6.660	518,59	518,590		D	
					-	cc th	ontained e form d Disposed	in this isplays	form and a curre	re not requently valid	uired to re I OMB con	spond unle	ess	11/1 (> 02)
Date (Month/Day/Year)	3A. Deemed Execution Da	ate, if	4. Transaction Code		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. An Un Sec	Title and nount of derlying curities		Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivati Security Direct (I or Indire	Ownersh (Instr. 4) D)
							ate		tion	Amount				
	(First) ESOURCES (Street) X 77478 (State) eparate line for a second content of the sec	(First) (Middle) ESOURCES, 1650 HWY 6 (Street) X 77478 (State) (Zip) 2. Transaction Date (Month/Day/Year) 02/07/2020 eparate line for each class of security and the securi	Reporting Person* 2. Is TRE (First) (Middle) ESOURCES, 1650 HWY 6 (Street) 4. If A X 77478 (State) (Zip) 2. Transaction Date (Month/Day/Year) 2. A. D Execution Date (Month/Day/Year) Table II - Deriva (e.g., p) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	Reporting Person* 2. Issuer Nat TRECORA (First) (Middle) 3. Date of Ear 02/07/2020 (Street) 4. If Amendm X 77478 (State) (Zip) 2A. Deemed Execution Date (Month/Day/Year) 02/07/2020 eparate line for each class of securities beneficially (Month/Day/Year) Table II - Derivative Sec (e.g., puts, calls (Month/Day/Year) 3. Transaction Date (Execution Date (A. Transact (Code)) (Month/Day/Year)	Reporting Person* 2. Issuer Name a TRECORA RI (First) (Middle) ESOURCES, 1650 HWY 6 (Street) 4. If Amendment, X 77478 (State) (Zip) 2. Transaction Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year) Table II - Derivative Securit (e.g., puts, calls, was any (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year)	Reporting Person* 2. Issuer Name and Tick TRECORA RESOUR (First) (Middle) ESOURCES, 1650 HWY 6 (Street) 3. Date of Earliest Transact 02/07/2020 (Street) 4. If Amendment, Date Or X 77478 (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year) Code (Instr. 8) Table II - Derivative Securities Acquires (e.g., puts, calls, warrants, any (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, any (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Instr. 8) Table II - Derivative Securities Acquires (A) or Dispose of (D) (Instr. 3)	Reporting Person* 2. Issuer Name and Ticker or TRECORA RESOURCES (First) (Middle) BSOURCES, 1650 HWY 6 (Street) 4. If Amendment, Date Original (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Instr. 8) 3. Transaction Date (Instr. 8) 3. Transaction Date (Instr. 8) 4. S. Number (Instr. 8) 3. Transaction Date (Instr. 8) 4. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, Instransaction Date (Instr. 3, Instransacti	2. Issuer Name and Ticker or Trading S TRECORA RESOURCES [TRECORA RESOURCES] (First) (Middle) 2SOURCES, 1650 HWY 6 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Date, if Code (Instr. 8) Code V Amour Persons we contained the form defined the form	Care Care	Code Code	2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC] 2. Sources 3. Date of Earliest Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual 2. Transaction 2.	2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC] (Chapter of Tree of Trading Symbol TRECORA RESOURCES [TREC] (Street) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Date (Month/Day/Year) (Month/Day/Year) (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) (Instr. 3 and 4)	2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC] 5. Relationship of Reporting Person (Check all applic X_Director Officer (give title below) 2. Transaction (State) 2. Transaction Date (Month/Day/Year) 3. Transaction Date (2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC] SOURCES, 1650 HWY 6 O2/07/2020 Sources A. If Amendment, Date Original Filed(Month/Day/Year) O2/07/2020 O2/07/2020 A. If Amendment, Date Original Filed(Month/Day/Year) O2/07/2020 O2/07/2020

Keporung Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Carter Nicholas C/O TRECORA RESOURCES 1650 HWY 6 S, SUITE 190 SUGAR LAND, TX 77478	X					

Signatures

/s/ Christopher Groves as attorney in fact for Nicholas Carter	02/11/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person on December 17, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.