UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting Person * AHMAD SAMI				2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC]						:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O TRECORA RESOURCES, 1650 HWY 6 S, SUITE 190				3. Date of Earliest Transaction (Month/Day/Year) 02/13/2020						[X Officer (give title below) Other (specify below) CFO				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				·)	
SUGAR I	LAND, TX	(State)	(Zip)								roini incu by Mi	ore mair one ic	eporting rerson		
(City	"	(State)	(Zip)	_					ative Secu	ities Acqui	red, Disposed o	f, or Benefi	icially Owned	<u> </u>	
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (Instr. 8)	(A	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		1	Form:	7. Nature of Indirect Beneficial Ownership		
				(worth)		<i>y</i> ,	Code	v V A	mount (A)		,				(Instr. 4)
Common	stock		02/15/2020				M	3,	258 A	(1)	8,861]	D	
Common stock 02/15/2020			02/15/2020			F	81	15 D	\$ 8	8,046]	D		
Reminder: F	Report on a se	eparate line for each	class of securities be	eneficiall	ly owr	ned direc		Persons in this fo	rm are no	t required	collection of to respond ur				1474 (9-02)
Reminder: F	Report on a so	eparate line for each		- Deriva	ntive S	Securitie	es Acquir	Persons in this fo a curren	rm are no tly valid C	t required MB contro	to respond ur I number.				1474 (9-02)
1. Title of Derivative Security	2. Conversion	3. Transaction Date	Table II 3A. Deemed Execution Date, if any	- Deriva (e.g., p	ative Souts, continue Station I	Securitie alls, wan	es Acquir rrants, or er of ve es 1 (A) or 1 of (D)	Persons in this fo a curren	rm are not tly valid C ed of, or B vertible sec ercisable tion Date	t required MB contro eneficially (urities) 7. Title ar	to respond und number. Dwned Id Amount of g Securities		9. Number of Derivative Securities Beneficially Owned Following Reported	f 10. Owners Form o Derivat Security Direct (or Indir	11. Nat hip of Indir Benefic own Owners (Instr. 4
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction	Table II 3A. Deemed Execution Date, if any	- Deriva (e.g., p) 4. Transact Code	ative Souts, continue Station I	Securitie alls, wan 5. Numb Derivativ Securitie Acquirec Disposec (Instr. 3,	es Acquir rrants, oper of er of ve s d (A) or d of (D) 4, and	Persons in this fo a curren red, Dispos ptions, con 6. Date Exand Expira	erm are not ly valid Cored of, or Bevertible section Date by Year)	t required MB control eneficially Curities) 7. Title ar Underlyir (Instr. 3 a	to respond und number. Dwned Id Amount of g Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	f 10. Owners Form o Derivat Security Direct (or Indir	11. Nat of Indir Benefic Owners (Instr. 4
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	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
AHMAD SAMI C/O TRECORA RESOURCES 1650 HWY 6 S, SUITE 190 SUGAR LAND, TX 77478			CFO			

Signatures

/s/ Christopher Groves as attorney in fact for Sami Ahmad	02/18/2020
**Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Granted as officer compensation. Converts into common stock on a one-for-one basis.
- (2) One-half of award vests ratably over 3 years beginning with the first anniversary of the grant date. The remaining 50% vests at the end of three years subject to performance criteria.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.