FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
OMB Number:	3235-0362
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houre per response	1.0

1	Check this box if no longer
	subject to Section 16. Form 4
	or Form 5 obligations may
	continue. See Instruction 1(b).
7	Form 3 Holdings Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Investment Company Act of 1940

Form 4 Transactions Reported Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the

Name and Address Upfill-Brown Sime		2. Issuer Name and Ticker or Trading Symbol TRECORA RESOURCES [TREC]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner				
(Last)	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)					X Officer (give title below) Other (specify below) President/CEO			
2 INWOOD OAK	S DR		12/31/2016							,	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				ear) (6. Individual or Joint/Group Reporting (check applicable line)			
HOUSTON, TX 7	7024						-	X_Form Filed by One Reporting Person Form Filed by More than One Reporting	g Person		
(City)	(State)	(Zip)	Tabl	le I - Non-Deri	vative Se	curitie	s Acqui	uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)			Execution Date, if	(Instr. 8)	4. Securi (A) or D (Instr. 3,	4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		Beneficial Ownership	
common stock		12/31/2016(1)		P4	1,880	A	\$ 10.43	55,952	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction	3A. Deemed	4.	5. Nu	mber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number	10.	11. Nature	
Derivative	Conversion	Date	Execution Date, if	Transaction	of		and Expirati	on Date	Amou	ınt of	Derivative	of	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	Deriv	ative	(Month/Day	/Year)	Unde	rlying	Security	Derivative	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Secur	ities			Secur	ities	(Instr. 5)	Securities	Derivative	Ownership	
	Derivative				Acqui	ired			(Instr	. 3 and		Beneficially	Security:	(Instr. 4)	
	Security				(A) or				4)			Owned at	Direct (D)		
					Dispo	sed						End of	or Indirect		
					of (D))						Issuer's	(I)		
					(Instr.	. 3,						Fiscal Year	(Instr. 4)		
					4, and	l 5)						(Instr. 4)			
										Amount					
							Dete	Ptdt		or					
							Date	Expiration Date	Title	Number					
							Exercisable	Exercisable	Date		of				
					(A)	(D)				Shares					

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Upfill-Brown Simon H 2 INWOOD OAKS DR HOUSTON, TX 77024	X		President/CEO				

Signatures

Simon Upfill-Brown	01/18/2017
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents 2016 purchases made through 401(k) transactions
- (2) Represents average price

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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